

ARE YOU STARING DOWN **MIDDLE SCHOOL?**

FOR GIRLS *and* THEIR MOMS IN RISING GRADES 6-7

How will I make new friends?

Should I have a boyfriend?

Can I trust my mom?

What should I do when my friends are mean to me?

What's the deal with all these emotions?

How does body image play into her self-esteem?

What's will all the attitude all of a sudden?

How can the whole family help boost her confidence?

How can I help her solve problems on her own?

Will I survive this?



MICHELLEINTHEMIDDLE.COM/RIGHTINTHEMIDDLE

SPEAKERS INCLUDE

Michelle Icard, creator of MichelleintheMiddle.com, and founder of Athena's Path and Hero's Pursuit
Rosie Molinary, educator and author of Beautiful You: A Daily Guide to Radical Self-Acceptance

DATES/LOCATIONS

Piedmont Natural Gas HQ, Charlotte, NC • May 5th, 2:00 - 5:00
Spring Valley Country Club, Columbia, SC • August 4th, 2:00 - 5:00
Jewish Community Center, Charlotte, NC • August 18th, 2:00 - 5:00
Jewish Community Center, Charlotte, NC • August 21st, 6:00 - 9:00

\$75
PER
PERSON

IT'S FUN!
**REGISTER
NOW!**